

**NIHN Fellowship Program for Asian Researchers 2009 - 2010**

1. Objectives

This program is hosted by the National Institute of Health and Nutrition (NIHN), an Incorporated Administrative Agency, to promote international collaboration between Asian countries. It aims to support the acquisition and improvement by young foreign researchers of knowledge and skills relating to health and nutrition through working with host researchers at the NIHN.

2. Areas of Interest

Surveys and research that fall under these NIHN research activities.

1) Human nutrition and health promotion

Physical activity and energy metabolism

Etiology of life-style related diseases and the interaction of genetic markers and environmental factors to their development

Methods for assessing human nutritional status

Determination of nutritional requirements

2) Health and nutrition surveys, nutrition education and nutrition information

Planning and implementation of health and nutrition surveys

Developing community nutrition programs

Nutrition education and nutrition information

3) Nutritional and physiological effects of foods

Physiological function of nutrients and other food components

Evaluation of bioavailability of nutrients in foods

Food analysis, nutrition/health claims and food labeling

Other studies related to health and nutrition as deemed by the Director General of the NIHN to be of special need

3. Eligibility

Eligible applicants shall have sufficient conversational ability in Japanese or English and fulfill at least one of the requirements below:

- 1) Non-Japanese citizen who is studying/working outside Japan at a university, research institute, or other institutes related to the health and nutrition field, and has a doctorate degree or research capabilities at least equivalent to a doctorate degree holder.
- 2) A medical doctor, a dentist, a nurse, a dietician, a pharmacist, or a government officer who has sufficient research capabilities and has been nominated by the principal of his/her institute for outstanding achievement.
- 3) Those who the Director General of the NIHN deems to admit.

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4. Number of Fellowships to be Awarded

Up to three

5. Outline of the Program

1) Duration

Fellowships are awarded for a period of 3 months (90 days) to 1 year (including 2 months probation) during the following period. No extension of the period will be permitted.

**April 1, 2009 to March 31, 2010**

2) Commencement Date

The fellowship must commence during the following period:

**April 1, 2009 to January 1, 2010**

3) Coverage of Expenses

Travel expenses

Round-trip economy class air tickets, from the international airport nearest to the selected fellows's institute to New Tokyo International Airport (Narita Airport), at the lowest available cost, is provided.

Also, the transport costs between Narita Airport and the NIHN will be paid in cash (Japanese yen) after arrival and before leaving Japan.

Stipends

The NIHN will provide approximately 100,000 Japanese yen per month to each fellow as stipends, which include commuting costs (between the NIHN and the fellow's apartment), meals and petty expenses. The NIHN will arrange accommodation to each fellow. Rent, including utility bills such as heating, electricity and water charges, is directly paid to the accommodation agent. Any additional costs such as telephone or internet services will be borne by each fellow.

Overseas Travel Insurance

The NIHN will pay for overseas travel accident and sickness insurance during the period of the fellowship.

Research Expenses

The NIHN shall provide research expenses in accordance with the period of the fellowship, as in the table below. These will be provided as research necessities demand and may include domestic travel expenses.

<b>Period</b>	<b>Amount</b>
3 months	Up to 100,000 yen
3 months to 6 months	Up to 150,000 yen
More than 6 month to 1 year	Up to 200,000 yen

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### Other important matters

The NIHN does NOT cover the expenses of people accompanying with the fellows.

#### 5) Obligation for Research Reports

Each fellow must submit a research report in the required forms to the host researcher at the NIHN within one month of the completion of the fellowship tenure. The host researcher must submit the report as well as a “Research Report for Host Researcher” to the Director General within two months of the completion of the research.

### 6. Application Procedure

#### 1) Contact Establishment

Applicants must establish contact with the prospective host researcher at the NIHN and to ask him/her to submit their application.

#### 2) Acceptance of Application

Applicants must submit their applications in the required forms through the prospective host researcher to Project for International Research and Development at the NIHN during the following period:

**October 1, 2008 to November 28, 2008**

#### 3) Materials to be submitted

Applications for Fellowship (form I -1)

\*Personal Statement and Record of Employment should be attached.

Letters of reference/recommendation from the head of the applicant’s affiliation (not from his/her prospective host researcher in Japan) (form I -2)

Medical/ Immunization Document Form (form I -3)

Note: We do not accept applications submitted directly by applicants or through diplomatic channels.

### 7. Selection Process and Notification

The Director General of the NIHN will select the fellows. Notification of the selection results will be made to all applicants by **end-December, 2008**. Award letters with the duration of the fellowship will be issued by the NIHN to awardees as well as other documents for entering Japan. (N.B. The NIHN does not respond to any individual request for selection information.)

### 8. Notes:

1) Incomplete or otherwise flawed applications will be rejected. Refusal letters to such unsuccessful applicants shall be issued at the same time as other applicants.

2) The names of the selected fellows and their host researchers as well as their research themes and reports are subject to public disclosure through the NIHN homepages and the Annual Report of the NIHN.

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9. Contact

Project for International Research and Development

Center for Collaboration and Partnership

National Institute of Health and Nutrition

1-23-1 Toyama, Shinjuku-ku, Tokyo

162-8636 JAPAN

Fax.:+81-3-5287-3404

<http://www.nih.go.jp/eiken/english/index.html>

Responsible person for this program is:

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